

Side Dish

Classy Carrots

Taste of Home Simple & Delicious - August 2011

Servings: 4

Start to Finish Time: 15 minutes

1 package (16 oz) frozen sliced carrots

2 tablespoons water

2 green onions, thinly sliced

2 tablespoons butter, cubed

1/2 teaspoon dried oregano

1/4 teaspoon garlic salt

1/4 teaspoon pepper

2 tablespoons chopped pecans, toasted

Place the carrots and water into a large microwave-safe bowl.

Cover and microwave on HIGH for 5 minutes.

Stir in the onions, butter, oregano, garlic salt and pepper.

Cover and cook for 2 to 3 minutes longer or until the carrots are crisp-tender.

Sprinkle with the pecans.

Per Serving (excluding unknown items): 79 Calories; 8g Fat (90.2% calories from fat); 1g Protein; 2g Carbohydrate; 1g Dietary Fiber; 16mg Cholesterol; 188mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 1/2 Fat; 0 Other Carbohydrates.