Corn on Cob with Chili Salt

Women's Day Magazine - July 2011

Servings: 12

Preparation Time: 10 minutes Start to Finish Time: 10 minutes

12 ears corn, husks removed 4 teaspoons chili powder Kosher salt

Bring a large pot of water to a boil.

Add the corn and simmer until just tender, about 3 to 4 minutes.

Drain and transfer to a small serving platter.

In a bowl, combine the chili powder and salt to taste.

Per Serving (excluding unknown items): 80 Calories; 1g Fat (11.6% calories from fat); 3g Protein; 18g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 22mg Sodium. Exchanges: 1 Grain(Starch); 0 Fat.