Side Dishes

Corn Salad

Linda Warren

Tifton Gazzette - The Great Tifton Taste-Off 2002

Servings: 12

1 cup sour cream

3 tomatoes, diced

2 bell peppers, chopped

4 packages (10 oz) shoe peg corn

4 tablespoons white vinegar

1/2 cup purple onion, diced

2 teaspoons dry mustard

1/2 teaspoon pepper

2 teaspoons salt

8 tablespoons mayonnaise

Combine all ingredients.

Chill several hours before serving.

Per Serving (excluding unknown items): 123 Calories; 12g Fat (82.4% calories from fat); 1g Protein; 4g Carbohydrate; 1g Dietary Fiber; 12mg Cholesterol; 421mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 1/2 Vegetable; 0 Non-Fat Milk; 1 1/2 Fat; 0 Other Carbohydrates.