Crab Meat Appetizer

Cathy Senty - LaCrosse, WI Treasure Classics - National LP Gas Association - 1985

Servings: 10

6 ounces cream cheese 4 ounces crab meat 8 ounces shrimp seafood sauce lemon juice (optional)

Preparation Time: 5 minutes

Slice the cream cheese lengthwise or whatever shape that you choose.

Place the crab meat on the cheese.

Squeeze lemon juice over the top.

Place the seafood sauce on top.

Serve with Triscuits. Wheat Thins, etc.

Per Serving (excluding unknown items): 95 Calories; 6g Fat (62.2% calories from fat); 8g Protein; 1g Carbohydrate; 0g Dietary Fiber; 63mg Cholesterol; 122mg Sodium. Exchanges: 1 Lean Meat; 1 Fat.