

Side Dish

Pineapple Casserole II

Publix Aprons

Servings: 12

Start to Finish Time: 40 minutes

cooking spray

24 butter-flavored crackers (about 1 1/2 cups), crushed

7 ounces (2 cups) white cheddar cheese, shredded

6 tablespoons all-purpose flour

1 cup sugar

2 cans (20 oz) pineapple chunks in juice, drained

Preheat oven to 375 degrees.

Coat a 13x9-inch baking dish with cooking spray.

Crush crackers; set aside.

In a bowl, combine flour, sugar and cheese; stir in pineapple until evenly coated. Place mixture evenly in dish. Top with cracker crumbs.

Bake for 25 to 30 minutes or until golden and bubbly.

Per Serving (excluding unknown items): 104 Calories; trace Fat (0.6% calories from fat); 1g Protein; 26g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Fruit; 1 Other Carbohydrates.