Epicurean Green Beans

Bonnie Welch and Deanna White Kitchen Keepsakes - Castle Rock, CO - 1989

Servings: 6

pound fresh green beans (or 2 one pound cans), cut into one inch pieces
cup fresh mushrooms, sliced
tablespoon chopped onion
tablespoons butter
tablespoons flour
dash pepper
1/2 teaspoon salt
1/4 teaspoon thyme
cups milk
slices bacon, cooked and crumbled
package (10 ounce) frozen patty shells, baked (optional)

In a saucepan, cook the beans in boiling salted water for about 15 minutes.

In a two quart saucepan, cook the mushrooms and onions in butter until tender. Blend in the flour, salt, thyme and pepper. Add the milk all at once. Cook, stirring constantly, until the mixture thickens and bubbles. Stir in the beans. Heat through. Add the bacon.

Spoon the mixture into prepared patty shells. If desired, garnish with additional crumbled bacon.

Side Dishes

Per Serving (excluding unknown items): 126 Calories; 9g Fat (61.7% calories from fat); 5g Protein; 8g Carbohydrate; trace Dietary Fiber; 25mg Cholesterol; 324mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Non-Fat Milk; 1 1/2 Fat.