Side Dishes

Green Beans with Shallots

Linda Rabbitt - Charles City, IA Simple&Delicious Magazine - December 2011/ January 2012

Servings: 4 Start to Finish Time: 15 minutes

1 package (12 oz) frozen Steamfresh whole green beans 1 3/4 cups fresh mushrooms, sliced 2 shallots, chopped 1 tablespoon olive oil 1/2 teaspoon salt 1/2 teaspoon dill weed 1/2 teaspoon pepper

Cook the green beans according to package directions.

Meanwhile, in a large skillet, saute' the mushrooms and shallots in oil until tender.

Remove from the heat.Add the green beans, salt, dill and pepper. Toss to coat.

Per Serving (excluding unknown items): 42 Calories; 4g Fat (70.5% calories from fat); 1g Protein; 2g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 269mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Vegetable; 1/2 Fat.