

Tomatoey Green Beans

Ilene Shelton - Dallas, TX

Treasure Classics - National LP Gas Association - 1985

Servings: 8

*1 tablespoon butter or
margarine
1 small onion, chopped
1 can (16 ounce) stewed
tomatoes
1 can (6 ounce) tomato
sauce
pinch sugar
pepper (to taste)
pinch garlic powder
2 cans (16 ounce ea) cut
green beans, drained*

Preparation Time: 10 minutes

Cook Time: 15 minutes

In a skillet, melt the butter. Saute' the onions until transparent. Cut up the stewed tomatoes and pour into the onions.

Add the tomato sauce, sugar, pepper and garlic powder. Heat until boiling.

Add the green beans into the mixture and heat until hot throughout.

Per Serving (excluding unknown items): 36 Calories; 2g Fat (35.2% calories from fat); 1g Protein; 6g Carbohydrate; 1g Dietary Fiber; 4mg Cholesterol; 209mg Sodium. Exchanges: 1 Vegetable; 1/2 Fat.