

Green Pea Casserole

Florence Hoot

Culinary Creations and Wonders - St Lucie Council of Catholic Women - 2009

*2 packages frozen peas,
thawed for two hours
3/4 cup sour cream
1/3 cup chopped onions
bacon bits (for topping)*

In a casserole dish, mix the peas, sour cream and onions.

Sprinkle bacon bits over the top.

Bake at 350 degrees for 20 minutes.

Per Serving (excluding unknown items): 500 Calories; 37g Fat (64.7% calories from fat); 14g Protein; 32g Carbohydrate; 8g Dietary Fiber; 77mg Cholesterol; 255mg Sodium. Exchanges: 1 1/2 Grain(Starch); 1 Vegetable; 1/2 Non-Fat Milk; 7 Fat.