Side Dish

Potato, Bacon and Sour Cream Frittata

Dash Magazine

Servings: 4 Preparation Time: 20 minutes Start to Finish Time: 20 minutes

4 slices bacon 1 large russet potato, peeled and cut into 1/2-inch cubes 8 large eggs 1/2 teaspoon salt 1/2 teaspoon pepper 1/3 cup sour cream 1/2 cup cheddar cheese, grated 4 scallions, sliced thin

In a 12-inch ovenproof skillet, cook bacon over medium-low until crispy. Place on paper towel-lined plate. When cool, crumble into 1/4-inch pieces; set aside.

In same pan, leave 2 tablspoons bacon fat, reserving rest in a small bowl. Cook potato in bacon fat over mediumhigh until browned and tender, 5 minutes. Remove and let cool.

In a bowl, beat eggs with salt and pepper; add reserved bacon and potatoes.

Preheat oven to broil, placing a rack 6 inches from heat.

On stovetop, heat reserved bacon fat in skillet over medium heat. Add egg mixture, reduce heat to low; cook 6 minutes. Drop in small amounts of sour cream. Top with cheese.

Place skillet on broiler rack. Broil for 2 minutes, until eggs are set. Sprinkle with scallions.

Per Serving (excluding unknown items): 299 Calories; 21g Fat (65.3% calories from fat); 19g Protein; 6g Carbohydrate; 1g Dietary Fiber; 452mg Cholesterol; 608mg Sodium. Exchanges: 0 Grain(Starch); 2 1/2 Lean Meat; 0 Vegetable; 0 Non-Fat Milk; 2 1/2 Fat.