

California Creamy Potatoes

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Yield: 24 1/2 cup servings

1 1/2 cups sour cream
1 can (10-3/4 ounce) cream of
potato soup
2 cloves garlic, minced
2 1/2 pounds (about eight) red
potatoes, very thinly sliced
1 cup Vermont Sharp white cheddar
cheese, shredded
2 tablespoons fresh chives, chopped

Preparation Time: 15 minutes

Preheat the oven to 350 degrees.

In a large bowl, mix the sour cream, potato soup and garlic. Add the potatoes. Toss to coat.

Spoon into a 13x9-inch baking dish sprayed with cooking spray. Top with the cheese.

Bake for 55 minutes or until the potatoes are tender.

Sprinkle with the chives.

Start to Finish Time: 1 hour 10 minutes

HOW TO SLICE POTATOES EVENLY

When thinly slicing a large amount of potatoes, use a food processor or manual slicer (mandoline) for even results.

Place the sliced potatoes into a bowl of cold water until ready to cook to prevent them from darkening.

Per Serving (excluding unknown items): 971 Calories; 75g Fat (68.0% calories from fat); 17g Protein; 62g Carbohydrate; 4g Dietary Fiber; 158mg Cholesterol; 1197mg Sodium. Exchanges: 2 Grain(Starch); 5 1/2 Vegetable; 1 Non-Fat Milk; 15 Fat.

Side Dishes

Per Serving Nutritional Analysis

Calories (kcal):	971
% Calories from Fat:	68.0%
% Calories from Carbohydrates:	25.1%
% Calories from Protein:	6.9%
Total Fat (g):	75g
Saturated Fat (g):	46g
Monounsaturated Fat (g):	21g
Polyunsaturated Fat (g):	3g
Cholesterol (mg):	158mg
Carbohydrate (g):	62g

Vitamin B6 (mg):	.6mg
Vitamin B12 (mcg):	1.1mcg
Thiamin B1 (mg):	.3mg
Riboflavin B2 (mg):	.6mg
Folacin (mcg):	71mcg
Niacin (mg):	4mg
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Daily Value*	on on%

Food Exchanges

Dietary Fiber (g): 4g
 Protein (g): 17g
 Sodium (mg): 1197mg
 Potassium (mg): 1693mg
 Calcium (mg): 451mg
 Iron (mg): 2mg
 Zinc (mg): 2mg
 Vitamin C (mg): 45mg
 Vitamin A (i.u.): 3275IU
 Vitamin A (r.e.): 873RE

Grain (Starch): 2
 Lean Meat: 0
 Vegetable: 5 1/2
 Fruit: 0
 Non-Fat Milk: 1
 Fat: 15
 Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 971 Calories from Fat: 661

% Daily Values*

Total Fat	75g	115%
Saturated Fat	46g	231%
Cholesterol	158mg	53%
Sodium	1197mg	50%
Total Carbohydrates	62g	21%
Dietary Fiber	4g	15%
Protein	17g	
Vitamin A		65%
Vitamin C		75%
Calcium		45%
Iron		13%

* Percent Daily Values are based on a 2000 calorie diet.