Potato Croquettes, Home Style

Ruth Bakalar The Complete Potato Cookbook

2 cups hot, freshly mashed, potatoes
2 tablespoons butter
1 egg yolk
onion salt, to taste
white pepper, to taste
1 teaspoon double-acting baking powder
1 egg
1 cup dry bread crumbs

In a bowl, mix potatoes, butter and egg yolk.

Season to taste with onion salt and pepper.

Blend in baking powder. Spread mixture on a plate to cool.

Roll into balls or pear-shaped croquettes.

Dip balls into one egg beaten with a little water. Roll balls in dry bread crumbs.

Fry in deep fryer or skillet with 1/2-inch cooking oil until golden brown.

Per Serving (excluding unknown items): 766 Calories; 39g Fat (45.9% calories from fat); 23g Protein; 80g Carbohydrate; 3g Dietary Fiber; 487mg Cholesterol; 1730mg Sodium. Exchanges: 5 Grain(Starch); 1 Lean Meat; 7 Fat; 0 Other Carbohydrates.