

Smashed Potatoes

Kimberly Maniscalco

Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

*6 large potatoes
1 medium sour cream
butter (to taste)
salt (to taste)
pepper (to taste)
2 scallions, chopped*

Boil the potatoes until fork-tender. Drain.
Return to the pot.

Smash the potatoes with a fork until all mixed. It
weill be lumpy.

Add the butter, sour cream, salt and pepper to
taste. Mix well.

Top with chopped scallions.

Per Serving (excluding unknown
items): 1081 Calories; 49g Fat
(39.8% calories from fat); 23g
Protein; 144g Carbohydrate; 12g
Dietary Fiber; 102mg Cholesterol;
171mg Sodium. Exchanges: 9
Grain(Starch); 1/2 Vegetable; 1/2
Non-Fat Milk; 9 1/2 Fat.