

Arroz Con Dulce Y Pasas (Sweet Rice and Raisins)

*Cecilia de Arouz' - Panama, Republic of Panama
Treasure Classics - National LP Gas Association - 1985*

Yield: 18 to 20 servings

*1 pound rice
1 coconut, grated
1/4 pound butter
1 cup sugar cane honey
2 small boxes raisins
1 stick cinnamon
5 cloves*

Preparation Time: 45 minutes

Cook Time: 25 minutes

In a saucepan, cook the rice in the milk extracted from the grated coconut. Add the butter. When almost done, add the honey, raisins, cinnamon stick and cloves. Continue cooking for about 5 minutes over low heat.

Place the rice in a deep dish and serve hot.

Per Serving (excluding unknown items): 4870 Calories; 236g Fat (41.9% calories from fat); 58g Protein; 679g Carbohydrate; 68g Dietary Fiber; 249mg Cholesterol; 1156mg Sodium. Exchanges: 25 1/2 Grain(Starch); 19 Fruit; 46 Fat.