

# Minnesota Wild Rice Casserole with Soup

Jan Stewart - Shakopee, MN

Treasure Classics - National LP Gas Association - 1985

**Yield: 6 to 8 servings**

*3/4 cup wild rice  
1 can (10-3/4 ounce) cream  
of mushroom or celery soup  
1 can (3 ounce) mushrooms  
1/2 cup celery, chopped  
1/4 cup onion, chopped  
1 1/2 cups boiling water  
1 cube bouillon*

**Preparation Time: 10 minutes****Bake Time: 1 hour**

Rinse the rice well and drain.

In a bowl, mix the rice, soup, mushrooms, celery and onion.

In a bowl, mix the water and bouillon. Add to the rice mixture. Turn into a 10x10-inch covered baking dish.

Bake for one hour in a 350 degree oven.

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Per Serving (excluding unknown items): 458 Calories; 1g Fat (2.8% calories from fat); 19g Protein; 96g Carbohydrate; 9g Dietary Fiber; 0mg Cholesterol; 73mg Sodium. Exchanges: 6 Grain(Starch); 1 Vegetable; 1/2 Fat.