

Rice Casserole II

Maxine Bearss

Apple Pie and Sisterhood; Favorite Recipes From Tri Kappa

1 stick butter
1 pound fresh mushrooms,
sliced
1 onion, chopped
1 cup dry rice
2 cans beef consomme

Preheat the oven to 350 degrees.

In a skillet, saute' the mushrooms, onion and rice in butter until brown.

Place the mixture into a casserole dish. Add the consomme.

Bake for one hour.

Per Serving (excluding unknown items): 1083 Calories; 94g Fat (75.2% calories from fat); 33g Protein; 37g Carbohydrate; 7g Dietary Fiber; 248mg Cholesterol; 3516mg Sodium. Exchanges: 2 1/2 Lean Meat; 6 Vegetable; 18 1/2 Fat.