

# Rice with Cacao

Anita De Diaz - Panama, Republic of Panama  
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**Yield: 2 to 4 servings**

*1/2 cup rice*  
*1 cup water*  
*1 cup coconut milk*  
*4 cinnamon sticks*  
*1/2 cup sugar*  
*1 can (8 ounce) condensed milk, sweetened*  
*1/2 cup chocolate syrup*

**Preparation Time: 15 minutes****Cook Time: 25 minutes**

On the night before, place the rice in a saucepan and cover with water. Let stand overnight.

Add the coconut milk and the cinnamon. Heat at low temperature, stirring constantly.

Remove the cinnamon sticks. Add more coconut milk, the sugar, condensed milk and chocolate syrup.

Continue heating and stirring until the mixture reaches a pudding consistency.

Serve cold.

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Per Serving (excluding unknown items): 2727 Calories; 88g Fat (27.2% calories from fat); 41g Protein; 485g Carbohydrate; 39g Dietary Fiber; 104mg Cholesterol; 530mg Sodium. Exchanges: 7 1/2 Grain(Starch); 1/2 Fruit; 17 1/2 Fat; 23 1/2 Other Carbohydrates.