

Sour Cream Rice Casserole

Marguerite Ansley - Winchester, TN
Treasure Classics - National LP Gas Association - 1985

Yield: 6 to 8 servings

1 cup instant rice
1 cup boiling water
1/4 pound sharp cheddar
cheese, grated
1 can (6-1/2 ounce)
chopped green chilies
2 cups sour cream

Preparation Time: 15 minutes**Bake Time: 20 minutes**

In a bowl, mix the instant rice with the water. Let sit for 5 minutes, then cool.

Add the cheese, green chilies and sour cream.

Pour into a greased two-quart casserole dish.

Bake in the oven at 350 degrees until bubbly and brown, approximately 15 to 20 minutes.

Per Serving (excluding unknown items): 1803 Calories; 134g Fat (66.7% calories from fat); 50g Protein; 101g Carbohydrate; 2g Dietary Fiber; 323mg Cholesterol; 962mg Sodium. Exchanges: 5 Grain(Starch); 4 Lean Meat; 1 1/2 Non-Fat Milk; 24 1/2 Fat.