

Very Yummy Rice

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*1/4 pound butter
1 large onion, chopped fine
2 cups rice
2 cans beef consomme'
1/2 pound sharp cheese,
grated
2 cans (4 ounce ea)
mushrooms with liquid
1 cup brown toasted
almonds*

In a saucepan, saute' the onion in butter.

Add the uncooked rice. Simmer for 5 minutes.

Pour the onions and rice into a casserole dish.
Add the consomme', cheese and mushrooms.
Mix well.

Bake for one hour at 325 degrees.

Stir in the nuts before serving.

Per Serving (excluding unknown items): 2206 Calories; 95g Fat (38.9% calories from fat); 29g Protein; 305g Carbohydrate; 7g Dietary Fiber; 249mg Cholesterol; 959mg Sodium. Exchanges: 19 Grain(Starch); 1 1/2 Vegetable; 18 1/2 Fat.