

**Side Dish**

---

## **Spinach & Feta Saute'**

Sharon Delaney-Chronis

Taste of Home Simple & Delicious - August 2011

**Servings: 2**

**Start to Finish Time: 10 minutes**

**2 cloves garlic, minced**

**2 tablespoons olive oil**

**1 package (6 oz) fresh baby spinach**

**1/4 cup slivered almonds**

**1/2 cup feta cheese, crumbled**

In a large skillet, saute' the garlic in oil for 1 minute.

Add the spinach and almonds.

Saute' 2 minutes longer or just until the spinach is wilted.

Sprinkle with cheese.

---

Per Serving (excluding unknown items): 329 Calories; 31g Fat (82.2% calories from fat); 9g Protein; 6g Carbohydrate; 1g Dietary Fiber; 33mg Cholesterol; 421mg Sodium. Exchanges: 0 Grain(Starch); 1 Lean Meat; 0 Vegetable; 5 1/2 Fat.