

Spinach Pie IV

Donna Brewer

Unitarian Universalist Fellowship of Vero Beach, FL 2000

1 package refrigerated pie crust

2 packages frozen spinach, drained and squeezed dry

2 eggs, beaten

1 medium onion, chopped

1 small container cottage cheese (to taste)

1 block feta cheese (to taste)

Preheat the oven to 400 degrees.

Place the pie crust in a nine-inch pie plate.

In a bowl, mix the spinach, eggs, cottage cheese and feta cheese (to taste).

Bake for 25 minutes.

(Can be eaten cold.)

Per Serving (excluding unknown items): 1225 Calories; 67g Fat (48.9% calories from fat); 31g Protein; 127g Carbohydrate; 11g Dietary Fiber; 464mg Cholesterol; 1174mg Sodium. Exchanges: 7 Grain(Starch); 1 1/2 Lean Meat; 4 1/2 Vegetable; 12 Fat.