

**Side Dish**

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# **Spinach with Cashews**

Cooking Light Magazine

**Servings: 4**

**Start to Finish Time: 10 minutes**

**2 tablespoons olive oil**

**1/4 cup cashews, chopped**

**6 ounces baby spinach**

**1/2 teaspoon garlic powder**

**1/2 teaspoon salt**

In a saute' pan, heat olive oil over medium-high heat. Add cashews, stirring until cashews are lightly toasted.

Gradually add spinach to the pan.

Season with garlic powder and salt.

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Per Serving (excluding unknown items): 108 Calories; 11g Fat (85.9% calories from fat); 1g Protein; 3g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 268mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 2 Fat.