

Tennessee Spinach Casserole

Louise Bise - Nashville, TN

Treasure Classics - National LP Gas Association - 1985

Servings: 6

*1 box (10 ounce) frozen
chopped spinach, cooked
and drained
1 carton (8 ounce) cottage
cheese
3 eggs, beaten
1 pound cheddar cheese,
grated*

Preparation Time: 5 minutes**Bake Time: 45 minutes**

In a 1-1/2 quart greased baking dish, mix together the spinach, cottage cheese, eggs and cheddar cheese.

Cook in a 350 degree oven for 45 minutes.

Per Serving (excluding unknown items): 394 Calories; 29g Fat (64.8% calories from fat); 29g Protein; 6g Carbohydrate; 2g Dietary Fiber; 189mg Cholesterol; 714mg Sodium. Exchanges: 4 Lean Meat; 1/2 Vegetable; 3 1/2 Fat.