Stuffed Squash with Spinach

Home Cookin - Junior League of Wichita Falls, TX - 1976

Servings: 8

4 yellow squash
1 teaspoon chives
1 package (10 ounce) frozen chopped spinach, cooked
1/4 cup cracker crumbs
lime juice (to taste)
seasoned salt
1/4 cup butter
1/2 cup Parmesan cheese

In a saucepan, boil the whole squash until tender. Cool, then halve. Remove the center.

In a bowl, mash the cooked spinach. Add the chives, seasoning salt and lime juice, to taste, and the butter.

In a bowl, mix the Parmesan and bread crumbs. Sprinkle over the top of the casserole.

Bake at 300 degrees for 25 minutes.

Side Dishes

Per Serving (excluding unknown items): 100 Calories; 8g Fat (64.2% calories from fat); 4g Protein; 5g Carbohydrate; 3g Dietary Fiber; 19mg Cholesterol; 195mg Sodium. Exchanges: 1/2 Lean Meat; 1 Vegetable; 1 1/2 Fat.