Basic Thanksgiving Dressing

Ree Drummond - "The Pioneer Woman Cooks: A Year of Holidays Dash Magazine - November 2013

Servings: 16

 loaf or round corn bread
loaf French or Italian bread
loaf ciabatta or other crusty artisan bread
2 cup (1 stick) butter
large onion, chopped
stalks celery, chopped
cups low-sodium chicken broth, plus more if necessary
2 bunch parsley, chopped
teaspoon dried basil
2 teaspoon dried thyme
tablespoon fresh rosemary, minced Kosher salt
freshly ground pepper

Preparation Time: 30 minutes

On the day before Thanksgiving: Cut the corn bread, French bread and ciabatta into one-inch cubes. Lay all of the bread on baking sheets and leave on the counter to completely dry out.

When ready to make the dressing, preheat the oven to 375 degrees.

In a large skillet over medium-high heat, melt the butter. Throw in the onion and celery, stir for 4 to 5 minutes until soft.

Pour in the chicken broth. Add the parsley, basil, thyme and rosemary. Season with salt and pepper. Stir and let cook for another couple of minutes then turn off the heat.

In a huge bowl, combine all of the bread cubes. Spoon the broth mixture over the top using a ladle. Keep adding the broth mixture, tossing as you go, until it is all mixed in.

Add more salt and pepper, toss it around and taste to check the seasoning. If you prefer to moisten the dressing, splash in a little more broth until it reaches a consistency that you like. Pile the dressing into a large casserole dish.

Bake, uncovered, until golden, 20 to 25 minutes.

Start to Finish Time: 50 minutes

Variations:

*** Add three peeled, finely diced carrots to the skillet with the onion and celery.

*** Add 1/2 teaspoon of ground sage with the other herbs.

*** Add 1/4 teaspoon of ground turmeric to add a slight golden color to the dressing.

*** Add chopped cooked bacon to the bowl with the bread crumbs and herb mixture.

Per Serving (excluding unknown items): 42 Calories; 4g Fat (57.7% calories from fat); 4g Protein; 2g Carbohydrate; trace Dietary Fiber; 8mg Cholesterol; 56mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Vegetable; 1/2 Fat.

Side Dishes, Turkey

Bar Camina Nutritianal Analysia

Calories (kcal):	42
% Calories from Fat:	57.7%
% Calories from Carbohydrates:	12.9%
% Calories from Protein:	29.3%
Total Fat (g):	4g
Saturated Fat (g):	2g
Monounsaturated Fat (g):	1g
Polyunsaturated Fat (g):	trace
Cholesterol (mg):	8mg
Carbohydrate (g):	2g
Dietary Fiber (g):	trace
Protein (g):	4g
Sodium (mg):	56mg
Potassium (mg):	116mg
Calcium (mg):	18mg
Iron (mg):	1mg
Zinc (mg):	trace
Vitamin C (mg):	4mg
Vitamin A (i.u.):	232IU
Vitamin A (r.e.):	39RE

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	.2mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	.1mg
Folacin (mcg):	12mcg
Niacin (mg):	2mg
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Pofuso:	0.0%
0. Datilaa	111%
Food Exchanges	11 11%
	0
Food Exchanges	
Food Exchanges Grain (Starch):	0
Food Exchanges Grain (Starch): Lean Meat:	0 1/2
Food Exchanges Grain (Starch): Lean Meat: Vegetable:	0 1/2 0
Food Exchanges Grain (Starch): Lean Meat: Vegetable: Fruit:	0 1/2 0

Nutrition Facts

Servings per Recipe: 16

Amount Per Serving		
Calories 42	Calories from Fat: 24	
	% Daily Values*	
Total Fat 4g	6%	
Saturated Fat 2g	9%	
Cholesterol 8mg	3%	
Sodium 56mg	2%	
Total Carbohydrates 2g	1%	
Dietary Fiber trace	2%	
Protein 4g		
Vitamin A	5%	
Vitamin C	6%	
Calcium	2%	
Iron	4%	

* Percent Daily Values are based on a 2000 calorie diet.