Deviled Crab V

Barbara Brumley
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1/2 stick butter, melted
1 cup crab meat
1 cup bread crumbs
1/2 cup celery, minced
1 egg, slightly beaten
1/2 cup green pepper,
chopped
1 teaspoon prepared
mustard
1 tablespoon
Worcestershire sauce
1/4 teaspoon salt
dash Tabasco sauce
2 teaspoons lemon juice

Preheat the oven to 375 degrees.

In a large mixing bowl, combine all of the ingredients. Mix well.

Shape the mixture into patties or stuff into clean crab shells.

Bake for 12 to 15 minutes.

Per Serving (excluding unknown items): 1090 Calories; 59g Fat (48.7% calories from fat); 50g Protein; 90g Carbohydrate; 5g Dietary Fiber; 456mg Cholesterol; 3248mg Sodium. Exchanges: 5 Grain(Starch); 4 1/2 Lean Meat; 1 Vegetable; 0 Fruit; 10 1/2 Fat; 0 Other Carbohydrates.