

Pawley`s Island Ham and Crab Meat Deluxe

*May B Sharp - Sumter, SC
Treasure Classics - National LP Gas Association - 1985*

Servings: 6

6 to 7 slices country ham

1 pound crab meat

1 stick butter

salt

pepper

Preparation Time: 5 minutes**Bake Time: 30 minutes**

Preheat the oven to 350 degrees.

Cover the bottom of a 12x7x2-inch baking dish with six or seven slices of country ham. Top with one pound of crab meat. Dot with one stick of butter. Salt and pepper, to taste.

Cover and bake for 30 minutes.

(If you desire to serve more guests, just continue to add another layer of ham and crab seasoned with butter, salt and pepper.

Per Serving (excluding unknown items): 210 Calories; 16g Fat (70.0% calories from fat); 16g Protein; trace Carbohydrate; 0g Dietary Fiber; 109mg Cholesterol; 408mg Sodium. Exchanges: 2 Lean Meat; 3 Fat.