

# Salmon Loaf III

*Canadian Mennonite Cookbook - 1974  
D. W. Friesen & Sons Ltd.*

*1/2 cup buttered bread  
crumbs  
1/2 cup milk  
2 cups canned salmon  
1 tablespoon onion  
2 eggs  
1/2 teaspoon salt*

Preheat the oven to 350 degrees.

In a bowl, combine the bread crumbs, milk, salmon, onion, eggs and salt. Mix well.

Pack the mixture into a loaf pan.

Bake for 45 minutes.

---

Per Serving (excluding unknown items): 869 Calories; 42g Fat (45.0% calories from fat); 108g Protein; 7g Carbohydrate; trace Dietary Fiber; 695mg Cholesterol; 3825mg Sodium. Exchanges: 12 Lean Meat; 0 Vegetable; 1/2 Non-Fat Milk; 1 1/2 Fat.