Shrimp Tacos

Deb Kissane Nettles Island Cooking in Paradise - 2014

pound medium shrimp, shelled and deveined
tablespoons taco seasoning mix
cloves garlic, minced
tablespoons lime juice
tablespoons vegetable oil
ripe avocado, pitted, peeled and diced
taco shells
cups lettuce, shredded
medium tomato, chopped
4 cup salsa
cup cheese, shredded

In a bowl, combine the shrimp, taco seasoning, garlic and two tablespoons of lime juice. Toss to coat.

Heat oil in a skillet over medium heat. Add the shrimp mixture. Cook and stir for 4 minutes or until the shrimp turn pink. Remove the shrimp from the skillet. Set aside.

Cook the remaining juice in the skillet for 4 minutes or until thickened, stirring occasionally. Return the shrimp to the pan and coat with juices. Remove from the heat.

In a small bowl, toss the avocado with the remaining lime juice.

Spoon the shrimp mixture into the taco shells. Top with lettuce, avocado and tomato.

Serve with salsa and cheese.

Sandwiches, Seafood

Per Serving (excluding unknown items): 1612 Calories; 72g Fat (39.9% calories from fat); 109g Protein; 136g Carbohydrate; 19g Dietary Fiber; 690mg Cholesterol; 2518mg Sodium. Exchanges: 6 Grain(Starch); 13 Lean Meat; 4 1/2 Vegetable; 1/2 Fruit; 13 Fat; 0 Other Carbohydrates.