## Seafood

## **Garlicky Shrimp and Spinach**

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## Servings: 4 Preparation Time: 15 minutes Start to Finish Time: 15 minutes This spicy combination is equally delicious over pasta. Try angel hair or capellini, both of which cook more quickly than spaghetti.

tablespoon olive oil
centiliters garlic, thinly sliced
red chile, seeded and thinly sliced
Kosher salt and pepper
pound raw medium shrimp, peeled and deveined
cup dry white wine
bunch spinach (4 cups), thick stems removed
thick slices country bread, toasted

Heat the oil in a large skillet over medium heat. Add the garlic, chile, and 1/4 teaspoon each salt and pepper, and cook, stirring, until tender, about two minutes.

Add the shrimp and cook for 2 minutes. Turn the shrimp, add the wine and bring to a boil. Reduce heat and simmer until the shrimp are opaque throughout, 2 to 3 minutes.

Add the spinach and cook, tossing until beginning to wilt, 1 to 2 minutes.

Serve over the bread.

Per Serving (excluding unknown items): 64 Calories; 3g Fat (64.7% calories from fat); 1g Protein; 4g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 3mg Sodium. Exchanges: 1/2 Vegetable; 1/2 Fat.