Shrimp Scampi VIII

Mae Loglisci St Therese de Lisieux Commemorative Cookbook - Wellington, FL - 2010

Servings: 6

1/3 cup melted butter
3 cloves garlic, minced
1 1/2 pounds large shrimp, peeled and deveined
5 green onions, thinly sliced
1/4 cup dry white wine
1 tablespoon lemon juice
8 sprigs parsley, chopped
salt (to taste)
pepper (to taste)

In a large skillet over medium heat, melt the butter. Saute' the garlic until soft.

Add the other ingredients.

Cook until the shrimp turn pink.

Salt and pepper to taste.

Seafood

Per Serving (excluding unknown items): 252 Calories; 13g Fat (46.0% calories from fat); 26g Protein; 8g Carbohydrate; 3g Dietary Fiber; 200mg Cholesterol; 319mg Sodium. Exchanges: 3 Lean Meat; 1 Vegetable; 0 Fruit; 2 Fat.