

So Easy Gazpacho

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Servings: 5

Preparation Time: 10 minutes

2 cups tomato juice

4 medium tomatoes, peeled and finely chopped

1/2 cup cucumber, peeled seeded and chopped

1/2 cup onion, finely chopped

1/4 cup olive oil

1/4 cup cider vinegar

1 teaspoon sugar

1 clove garlic, minced

1/4 teaspoon salt

1/4 teaspoon pepper

In a large bowl, combine all of the ingredients.

Cover and refrigerate for at least four hours or until chilled.

Per Serving (excluding unknown items): 146 Calories; 11g Fat (64.3% calories from fat); 2g Protein; 12g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 469mg Sodium. Exchanges: 0 Grain(Starch); 2 Vegetable; 2 Fat; 0 Other Carbohydrates.