
Broccoli Soup II

Home Cookin - Junior League of Wichita Falls, TX - 1976

1 package (10 ounce) chopped broccoli

pepper

salt

1/4 cup grated onion

4 tablespoons butter

4 tablespoons flour

1 quart milk

1 cup grated American cheese

salt

pepper

Cook the broccoli according to package directions. Do not drain.

Season to taste with salt and pepper.

Saute' the onion in butter. Add the flour and stir. Add the milk, cheese, and salt and pepper to taste. Cook until thick. Add to the broccoli.

Serve.

Yield: 5 cups

Soups, Chili, Stew

Per Serving (excluding unknown items): 1160 Calories; 79g Fat (60.5% calories from fat); 39g Protein; 77g Carbohydrate; 4g Dietary Fiber; 257mg Cholesterol; 972mg Sodium. Exchanges: 1 1/2 Grain(Starch); 1 1/2 Vegetable; 4 Non-Fat Milk; 15 Fat.