Cabbage Patch Soup

Lee Haugen Silverdale Chamber Of Commerce Favorite Recipes - 1991

1 1/2 pounds hamburger 1/2 medium onion, diced 4 to 5 stalks celery, diced 1/4 teaspoon pepper 1/4 teaspoon chili powder 1 can (29 ounce) canned tomatoes, diced 1 can (10-3/4 ounce) beef broth 1 can (15 ounce) tomato sauce 1/2 medium head cabbage,

cut into bite-size pieces

In a soup pot, brown the hamburger, onion and celery.

Add the pepper, chili powder, canned tomatoes, beef broth, tomato sauce and cabbage.

Boil for 20 minutes.

The soup has more flavor if simmered for 1-1/2 hours.

Per Serving (excluding unknown items): 2292 Calories; 90g Fat (34.8% calories from fat); 111g Protein; 271g Carbohydrate; 10g Dietary Fiber; 266mg Cholesterol; 6009mg Sodium. Exchanges: 15 Grain(Starch); 8 Lean Meat; 6 Vegetable; 13 1/2 Fat.