Cheesy Broccoli Soup

Pearle K McCrory
The Pensylvania State Grange Cookbook (1992)

Servings: 12

3/4 cup onion, chopped
1/2 cup carrot, chopped
2 tablespoons oil
6 cups water
5 cubes chicken bouillon
1 teaspoon salt
1 package (10 ounce)
frozen chopped broccoli,
cooked
4 cups thin noodles, cooked
5 cups milk
1 pound process cheese,
chopped

In a saucepan, saute' the onion and carrot in oil until brown. Add the water, bouillon cubes and salt. Bring to a boil.

Stir in the cooked broccoli and cooked noodles. Cook for 3 minutes.

Add the milk and cheese. Cook until the cheese melts

Per Serving (excluding unknown items): 98 Calories; 6g Fat (56.1% calories from fat); 4g Protein; 7g Carbohydrate; trace Dietary Fiber; 14mg Cholesterol; 851mg Sodium. Exchanges: 1/2 Vegetable; 1/2 Non-Fat Milk; 1 Fat.