

# **Cheesy Broccoli-Potato Soup**

Pillsbury Best One Dish Meals - February - 2011

**Servings: 6**

**Preparation Time: 15 minutes**

**Start to Finish Time: 15 minutes**

**2 cups chicken broth**

**1/3 cup onion, chopped**

**12 ounces frozen chopped broccoli**

**1 1/3 cups plain mashed potato mix (dry)**

**2 cups cooked chicken, cut-up**

**2 cups (8 oz) Swiss cheese, shredded**

**2 cups milk**

**1/2 teaspoon salt**

In a 3-quart saucepan, heat the broth, onion and frozen broccoli to boiling.

Reduce the heat.

Cover and simmer for 5 minutes, stirring occasionally.

Stir in the potato mix until well blended.

Stir in the chicken, Swiss cheese, milk and salt.

Heat over low heat for about 5 minutes, stirring occasionally, until the soup is hot and the cheese is melted.

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Per Serving (excluding unknown items): 304 Calories; 16g Fat (47.1% calories from fat); 31g Protein; 9g Carbohydrate; 2g Dietary Fiber; 85mg Cholesterol; 620mg Sodium. Exchanges: 3 1/2 Lean Meat; 1/2 Vegetable; 1/2 Non-Fat Milk; 1 1/2 Fat.