Mini Mushroom Truffle Tarts

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Yield: 15 minitarts

1 box (15 each) frozen phyllo minitarts

1 small leek, sliced butter

8 ounces mixed mushrooms, chopped salt

chopped thyme

truffle pecorino cheese, grated

Preheat the oven to 375 degrees.

Place the frozen mini-tarts on a parchment-lined baking sheet.

Bake the tarts until browned and crisp (about 5 minutes). Remove to a platter to cool.

In a saucepan, saute' the leek in butter until soft, about 5 minutes.

Add the mushrooms. Season with salt and thyme. Cook until soft, about 6 more minutes.

Divide the mixture among the prebaked shells. Top with the grated truffle pecorino cheese.

Return the shells to the baking sheet. Bake until the cheese is melted, about 15 minutes.

Serve hot.

Start to Finish Time: 20 minutes

You may buy boxes of 15 frozen minitarts in your grocers frozen dessert section.

Per Serving (excluding unknown items): 54 Calories; trace Fat (4.0% calories from fat); 1g Protein; 13g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 18mg Sodium. Exchanges: 2 1/2 Vegetable.

Appetizers

Dar Camina Mutritional Analysis

 Calories (kcal):
 54
 Vitamin B6 (mg):
 .2mg

 % Calories from Fat:
 4.0%
 Vitamin B12 (mcg):
 0mcg

 % Calories from Carbohydrates:
 86.8%
 Thiamin B1 (mg):
 .1mg

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% Calories from Protein: Total Fat (g): Saturated Fat (g): Monounsaturated Fat (g):	9.2% trace trace 0g	Riboflavin B2 (mg): Folacin (mcg): Niacin (mg): Caffeine (mg):	trace 57mcg trace 0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0 ^ n n%
Cholesterol (mg): Carbohydrate (g):	0mg 13g	Food Exchanges	
Dietary Fiber (g):	2g	Grain (Starch):	0
Protein (g):	1g	Lean Meat:	0
Sodium (mg):	18mg	Vegetable:	2 1/2
Potassium (mg):	160mg	Fruit:	0
Calcium (mg):	53mg	Non-Fat Milk:	0
Iron (mg):	2mg	Fat:	0
Zinc (mg):	trace	Other Carbohydrates:	0
Vitamin C (mg):	11mg	•	
Vitamin A (i.u.):	85IU		
Vitamin A (r.e.):	9RE		

Nutrition Facts

Amount Per Serving			
Calories 54	Calories from Fat: 2		
	% Daily Values*		
Total Fat trace	0%		
Saturated Fat trace	0%		
Cholesterol 0mg	0%		
Sodium 18mg	1%		
Total Carbohydrates 13g	4%		
Dietary Fiber 2g	6%		
Protein 1g			
Vitamin A	2%		
Vitamin C	18%		
Calcium	5%		
Iron	10%		

^{*} Percent Daily Values are based on a 2000 calorie diet.