Mexican Meatball Soup (Slow Cooker)

Barbara C. Jones Easy Slow Cooker Cookbook

Servings: 6

3 cans (14 ounce ea) beef broth

1 jar (16 ounce) hot salsa 1 package (16 ounce) frozen whole kernel corn, thawed

1 package (16 ounce) frozen meatballs, thawed 1 teaspoon minced garlic In a slow cooker, combine all of the ingredients. Stir well. Cover.

Cook on LOW for five to seven hours.





Per Serving (excluding unknown items): 54 Calories; trace Fat (3.3% calories from fat); 6g Protein; 8g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 640mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Vegetable.