

Mexican Soup

Trine Chaney

Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

Servings: 6

*2 cartons (32 ounce ea)
chicken broth
1 ready roasted chicken
2 cans (15.5 ounce)
cannellini beans
1 jar (16 ounce) salsa verde
1 teaspoon cumin
grated cheese (optional)*

Pour the chicken broth into a pot.

Remove all of the meat from the chicken. Shred or cut into pieces. Add to the pot.

Add the beans, salsa verde and cumin.

Let the soup simmer for 45 minutes.

Sprinkle with cheese and serve.

Per Serving (excluding unknown items): 240 Calories; 1g Fat (4.0% calories from fat); 17g Protein; 41g Carbohydrate; 10g Dietary Fiber; 0mg Cholesterol; 282mg Sodium. Exchanges: 2 1/2 Grain(Starch); 1 Lean Meat; 0 Vegetable; 0 Fat.