Mongole Soup

Joyce Levi Unitarian Universalist Fellowship of Vero Beach, FL 2000

Servings: 6

1 can tomato soup
1 can green pea soup
1 soup can cream
1 soup can milk
2 teaspoons dry mustard
2 teaspoons curry powder
1 teaspoon Worcestershire
sauce

1 teaspoon salt

In a saucepan, mix all of the ingredients.

If the soup is to be served hot, bring the soup to a boil. Reduce the heat and simmer for 10 minutes.

Whether serving the soup hot or cold, ladle the soup into bowls.

Serve.

Per Serving (excluding unknown items): 169 Calories; 12g Fat (64.3% calories from fat); 4g Protein; 11g Carbohydrate; 1g Dietary Fiber; 40mg Cholesterol; 667mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Non-Fat Milk; 2 1/2 Fat; 0 Other Carbohydrates.