

Tasty Cabbage and Beef Soup (Slow Cooker)

Barbara C. Jones
Easy Slow Cooker Cookbook

Servings: 6

1 pound lean ground beef
1 package (16 ounce)
coleslaw mix
1 can (15 ounce) cut green
beans
1 can (15 ounce) whole
kernel corn
3 cans (15 ounce ea) Italian
stewed tomatoes
2 cans (14 ounce ea) beef
broth
salt (to taste)
pepper (to taste)

In a large skillet, brown the ground beef. Drain.
Place the meat in a large slow cooker.

Add the slaw mix, green beans, corn, tomatoes
and beef broth. Add salt and pepper to taste.
Cover.

Cook on LOW for seven to nine hours.

Serve with cornbread.



Per Serving (excluding unknown items): 219 Calories; 16g Fat (66.0% calories from fat); 17g Protein; 1g Carbohydrate; 0g Dietary Fiber; 57mg Cholesterol; 479mg Sodium. Exchanges: 2 1/2 Lean Meat; 2 Fat.