

Venus De Milo Soup

Claire LaCount

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*2 quarts water
1 pound (or more) ground
beef
3 stalks celery, cut up
1 can (6 ounce) tomato
paste
1 small onion, cut up
1 cup orzo (macaroni)
1 can Veg-All mixed
vegetables
3 cubes beef bouillon
1 can (16 ounce or larger)
tomatoes*

In a pot, cook in two quarts of water the ground beef, celery, tomato paste, onion, bouillon and tomatoes. Cook for 30 minutes.

Add the Veg-All and orzo. Cook for 20 minutes more.

Skim the grease from the top before serving.

Per Serving (excluding unknown items): 956 Calories; 64g Fat (58.9% calories from fat); 49g Protein; 50g Carbohydrate; 11g Dietary Fiber; 193mg Cholesterol; 5449mg Sodium. Exchanges: 1/2 Grain(Starch); 5 1/2 Lean Meat; 8 1/2 Vegetable; 9 Fat.