
Turkey Leftover Surprise

Home Cookin - Junior League of Wichita Falls, TX - 1976

Servings: 8

2 to 3 cups chopped turkey

1 pound hot pan sausage

2 cans (10-1/2 ounce ea) cream of mushroom soup

1 package (6 ounce) wild rice, cooked

1 can (4 ounce) mushrooms, chopped

In a skillet, cook the sausage until the sausage browns, stirring to crumble. Drain off excess fat.

Place the cooked rice in a greased two-quart casserole. Spread a layer of turkey over the rice. Then spread a layer of sausage. Pour the soup over the layers and top with the mushrooms.

Bake at 400 degrees for 30 minutes or until brown.

(This casserole freezes well.)

Turkey

Per Serving (excluding unknown items): 195 Calories; 7g Fat (32.6% calories from fat); 15g Protein; 17g Carbohydrate; 1g Dietary Fiber; 39mg Cholesterol; 296mg Sodium. Exchanges: 1 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 1/2 Fat.