Turkey Tetrazzini

Marian Clifford
The Church of St. Michael and St. George - St. Louis, MO - 1980

Yield: 8 to 10 servings

6 tablespoons butter or margarine, divided
1/3 cup flour
2 1/2 cups chicken broth
1 1/4 cups half-and-half
1/2 cup dry white wine or sherry
3/4 cup grated Parmesan cheese
3/4 pound fresh mushrooms, sliced
8 ounces noodles or spaghetti
3 to 4 cups turkey slivers

Preheat the oven to 350 degrees.

In a skillet, melt two tablespoons of butter. Mix in the flour. Gradually add the chicken broth, half-and-half and wine. Cook, stirring, for 3 minutes after the mixture starts to simmer. Stir in one-half cup of the Parmesan cheese. Reserve one cup of the sauce.

Quickly saute' the mushrooms in four tablespoons of butter.

Cook the noodles in salted water for 1 or 2 minutes less than package directions. Drain.

Combine the larger portion of sauce, mushrooms, hot noodles and turkey in a large casserole dish. Salt to taste. Spoon the reserved sauce evenly over the surface. Sprinkle with the remaining Parmesan cheese.

Bake until bubbly for approximately 45 minutes.

Per Serving (excluding unknown items): 1212 Calories; 92g Fat (67.5% calories from fat); 49g Protein; 51g Carbohydrate; 5g Dietary Fiber; 233mg Cholesterol; 3741mg Sodium. Exchanges: 2 Grain(Starch); 4 1/2 Lean Meat; 3 1/2 Vegetable; 15 Fat.