Fiesta Sunrise Nachos

Heather Donahoe ComunityTable.com - Relish Magazine

Servings: 4

4 eggs
5 cups tortilla chips
1 1/2 cups shredded pepper jack cheese
4 slices bacon, cooked and crumbled
1 cup salsa
1 avocado, cubed pepper (to taste) Preheat the oven to 450 degrees.

In a large ovenproof skillet, cook the eggs over medium heat until the whites are set and the yolks are over-easy, 2 to 3 minutes. Remove the eggs from the skillet to a plate.

Arrange the tortilla chips in a skillet. Top with the pepper jack cheese. Place the skillet in the oven until the cheese melts, about 5 minutes.

Top with the eggs, bacon, salsa, avocado and pepper.

Per Serving (excluding unknown items): 1691 Calories; 93g Fat (48.3% calories from fat); 31g Protein; 194g Carbohydrate; 21g Dietary Fiber; 217mg Cholesterol; 2018mg Sodium. Exchanges: 12 1/2 Grain(Starch); 1 Lean Meat; 1/2 Vegetable; 0 Fruit; 17 1/2 Fat.