Potato Nachos

50 Things to Make in a Muffin Pan Food Network Magazine - March 2016

12 baby potatoes
olive oil
3/4 cup pepper jack cheese, grated
sour cream
guacamole
scallions

Preheat the oven to 450 degrees.

Spray twelve muffin cups with nonstick cooking spray.

In a saucepan, boil the baby potatoes until tender, 10 minutes. Place each potato in a muffin cup. Smash with a fork and drizzle with olive oil.

Bake until crisp; 25 to 30 minutes.

Top with the pepper jack cheese. Bake until melted, 1 minute.

Top with sour cream, guacamole and scallions.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges:

Appetizers

Dar Carvina Mutritional Analysis

Calories (kcal):	0	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	0.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	0mg
Total Fat (g):	0g	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	0mg
Monounsaturated Fat (q):	0g	Caffeine (mg): Alcohol (kcal):	0mg
(8)	. •		0
Polyunsaturated Fat (g):	0g		

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Cholesterol (mg):	0mg	% Pofuso	በ በ%
Carbohydrate (g):	0g	Food Exchanges	
Dietary Fiber (g):	0g	•	
Protein (g):	0g	Grain (Starch):	0
Sodium (mg):	0mg	Lean Meat:	0
Potassium (mg):	0mg	Vegetable:	0
Calcium (mg):	0mg	Fruit:	0
Iron (mg):	0mg	Non-Fat Milk:	0
Zinc (mg):	0mg	Fat:	0
Vitamin C (mg):	0mg	Other Carbohydrates:	0
Vitamin A (i.u.):	0IŪ		
Vitamin A (r.e.):	0RE		

Nutrition Facts

Amount Per Serving				
Calories 0	Calories from Fat: 0			
	% Daily Values*			
Total Fat 0g	0%			
Saturated Fat 0g	0%			
Cholesterol 0mg	0%			
Sodium 0mg	0%			
Total Carbohydrates 0g	0%			
Dietary Fiber 0g	0%			
Protein 0g				
Vitamin A	0%			
Vitamin C	0%			
Calcium	0%			
Iron	0%			

^{*} Percent Daily Values are based on a 2000 calorie diet.