Orange Country Style Ribs

Thelma M Teale = Sun Lakes, AZ
Treasure Classics - National LP Gas Association - 1985

Servings: 8

1 can (6 ounce) tomato sauce 1/2 cup brown sugar 1/4 cup frozen orange juice concentrate 2 tablespoons red wine vinegar 1 tablespoon prepared mustard 1 tablespoon Worcestershire sauce 1/2 teaspoon pepper 4 pounds lean ribs

Preparation Time: 10 minutes Grill: 1 hour 15 minutes

For the sauce: In a bowl, comvine the tomato sauce, brown sugar, orange juice, vinegar, mustard, Worcestershire and pepper. Mix well.

Place the ribs on a grill. The heat should be on medium. Close the hood and cook for 20 minutes.

Turn and cook for 20 minutes more.

Brush the ribs with sauce. Cook, covered, for 25 to 35 minutes more.

Brush frequently with the sauce and test for tenderness.

Per Serving (excluding unknown items): 61 Calories; trace Fat (2.2% calories from fat); 1g Protein; 15g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 231mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 1/2 Vegetable; 0 Fruit; 0 Fat; 1/2 Other Carbohydrates.