Grilled Steaks with Burgundy Wine Sauce

Chef Joseph Paquette - Peppers Bar & Grill - Sarasota, FL Sarasota`s Chef Du Jour - 1992

Servings: 2

2 New York strip steaks
BURGUNDY WINE SAUCE
1 cup Burgundy wine
4 tablespoons chopped garlic
1 cube beef bouillon
BASTING SAUCE
1 cup your favorite Bar B Q sauce
1 teaspoon cracked black pepper
4 tablespoons Grey Poupon mustard
4 tablespoons Catalina French dressing
2 tablespoons garlic salt

Make the Burgundy Wine sauce: In a saucepan, combine the Burgundy wine, chopped garlic and bouillon cube. Mix well. Simmer for 10 minutes. When reduced by half, pour into a serving gravy boat. Set aside and keep warm.

Make the basting sauce: In a bowl, combine the B B Q sauce, blacl pepper, Grey Poupon mustard, Catalina French dressing and garlic salt. Mix well.

Grill the steaks on a grill to the desired doneness.

Serve with the Burgundy Wine Sauce on the side.

Beef, Grilled

Per Serving (excluding unknown items): 50 Calories; trace Fat (7.7% calories from fat); 2g Protein; 10g Carbohydrate; 4g Dietary Fiber; 0mg Cholesterol; 6834mg Sodium. Exchanges: 0 Grain(Starch); 1 Vegetable; 0 Fat; 0 Other Carbohydrates.