

The Mulberry Inn - Yankton, SD The Great Country Inns of America Cookbook (2nd ed) (1992)

Yield: 12 dozen

 package large tortillas
ounces cream cheese, softened
can (2-1/4 ounce) chopped black olives
can (4 ounce) chopped green chilies
1/2 cups Cheddar cheese, grated
2 cup sour cream

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In a bowl, mix all of the ingredients. Spread on the tortillas.

Roll like a jelly roll. Wrap. Refrigerate overnight.

Slice into 1/2-inch slices.

Serve with a bowl of salsa.

Per Serving (excluding unknown items): 1723 Calories; 160g Fat (82.5% calories from fat); 63g Protein; 13g Carbohydrate; 0g Dietary Fiber; 478mg Cholesterol; 1787mg Sodium. Exchanges: 8 1/2 Lean Meat; 1/2 Non-Fat Milk; 27 Fat.

Appetizers

Der Convine Nutritional Analysis

	1700		0
Calories (kcal):	1723	Vitamin B6 (mg):	.2mg
% Calories from Fat:	82.5%	Vitamin B12 (mcg):	2.7mcg
% Calories from Carbohydrates:	3.0%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	14.5%	Riboflavin B2 (mg):	1.2mg
Total Fat (g):	160g	Folacin (mcg):	73mcg
Saturated Fat (g):	101g	Niacin (mg):	trace
	e e	Caffeine (mg):	0mg
Monounsaturated Fat (g):	45g	Alcohol (kcal):	0
Polyunsaturated Fat (g):	5g	% Pofuso	በ በ%
Cholesterol (mg):	478mg		
Carbohydrate (g):	13g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	63g	Lean Meat:	8 1/2
Sodium (mg):	1787mg	Vegetable:	0
Potassium (mg):	604mg	Fruit:	0

Calcium (mg):	1542mg	Non-Fat Milk:	1/2
lron (mg):	4mg	Fat:	27
Zinc (mg):	7mg	Other Carbohydrates	s: 0
Vitamin C (mg):	1mg		
Vitamin A (i.u.):	5946IU		
Vitamin A (r.e.):	1788 1/2RE		

Nutrition Facts

Amount Per Serving	
Calories 1723	Calories from Fat: 1421
	% Daily Values*
Total Fat 160g	245%
Saturated Fat 101g	503%
Cholesterol 478mg	159%
Sodium 1787mg	74%
Total Carbohydrates 13g	4%
Dietary Fiber 0g	0%
Protein 63g	
Vitamin A	119%
Vitamin C	2%
Calcium	154%
Iron	22%

* Percent Daily Values are based on a 2000 calorie diet.