# **Gordon's Cup**

Brooke Russell - Public at the Brickyard, Wichita, KS Scripps Treasure Coast Newspapers

### Servings: 1

5 limes, quartered 2 slices cucumber

dash peach bitters (plain bitters work also)

1 shot gin

3/4 ounce honey simple syrup

ice soda water Kosher salt

fresh cracked pepper

In a cocktail shaker, place the limes, cucumber, bitters and gin. Gently muddle the mixture.

Add the honey simple syrup and ice. Shake.

Pour into a rocks glass.

Top with soda water.

Sprinkle with Kosher salt and pepper.

Per Serving (excluding unknown items): 252 Calories; 1g Fat (5.2% calories from fat); 6g Protein; 52g Carbohydrate; 6g Dietary Fiber; 0mg Cholesterol; 19mg Sodium. Exchanges: 3 1/2 Vegetable; 2 1/2 Fruit.

#### Beverages

#### Dar Camina Mutritianal Analysis

Calories (kcal):	252	Vitamin B6 (mg):	.3mg
% Calories from Fat:	5.2%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	84.3%	Thiamin B1 (mg):	.2mg
% Calories from Protein:	10.5%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	1g	Folacin (mcg):	106mcg
Saturated Fat (g):	trace	Niacin (mg): Caffeine (mg): Alcohol (kcal):	2mg
Monounsaturated Fat (g):	trace		0mg
Polyunsaturated Fat (g):	trace		73
Cholesterol (mg):	0mg		
Carbohydrate (g):	52g	Food Exchanges	
Dietary Fiber (g):	6g	Grain (Starch):	0
Protein (g):	6g	Lean Meat:	0
Sodium (mg):	19mg	Vegetable:	3 1/2

Potassium (mg):	1209mg	Fruit:	2 1/2
Calcium (mg):	195mg	Non-Fat Milk:	0
Iron (mg):	4mg	Fat:	0
Zinc (mg):	2mg	Other Carbohydrates:	0
Vitamin C (mg):	129mg		
Vitamin A (i.u.):	1328IU		
Vitamin A (r.e.):	130RE		

## **Nutrition Facts**

Servings per Recipe: 1

Amount Per Serving				
Calories 252	Calories from Fat: 13			
	% Daily Values*			
Total Fat 1g	2%			
Saturated Fat trace	1%			
Cholesterol 0mg	0%			
Sodium 19mg	1%			
Total Carbohydrates 52g	17%			
Dietary Fiber 6g	26%			
Protein 6g				
Vitamin A	27%			
Vitamin C	216%			
Calcium	19%			
Iron	20%			

<sup>\*</sup> Percent Daily Values are based on a 2000 calorie diet.